

Village News

With Christmas, New Years and the 5 week holiday break behind us, activities have started up again for the year. We have:

- ☐ Village morning coffee every Thursday morning. The kiosk, with all kinds of wonderful goodies, is open during that time.
- ☐ Happy hour on the first Saturday of each month
- ☐ A Games night or a Film night once a month.
- ☐ Carpet Bowls on Monday afternoons
- ☐ Table Tennis on Wednesdays afternoons.

Our first bus trip for 2018 will be on Thursday 5th April to the Toolangi Tavern which overlooks the Toolangi State Forest, near Healesville.



The Podiatrist

is at Outlook Gardens on 24th April and 5th June

Bookings can be made through Reception.

Ph. 9795 7566

The Optometrist

is at Outlook Gardens on 14th March.

Bookings can be made through Reception.

Ph. 9795 7566

Outlook Gardens Aged Care would like to thank

Jan Verwey

For the kind donation of a Rolo Cushion

Outlook Gardens can now offer payment via **EFTPOS** (surcharge applies).

You can organise this through Reception staff

Ph. 9795 7566

Congratulations to Edith (Mary) Colquhoun, who celebrated her 102nd birthday on 29th January.



Flowers presented by Peter, RSL Volunteer



Outlook Gardens Newsletter Autumn 2018

BEING COURAGEOUS

LUKE 11:28 "Blessed are they that hear the word of God and keep it".

Autumn already and our Faith Stories group has recently completed the reading of a wonderful book titled *Courageous Faith – A Life Of Obedience*. It took the whole of 2017, and a little bit of this year, to read it! We learnt so much as we identified with the author's struggles, our own life's trials mirrored in his. The Lord touched each of our hearts in a way that only He can and it was enlightening to observe how this man relied, and still relies, on the Lord during the trials in his life.

Needless to say, this person also gives thanks and praise to the Lord in all things, everyday! It is of great

comfort and reassurance to know how others have travelled through their days. The realization that difficult times can come to good people. We are not alone! Here is a glimpse of what this book was about:- At nine months of age, the author's father passed away leaving him to be raised by his widowed mother during the hardships of 1930's America. Although he was often alone, he and his mother, Becca, enjoyed a lifelong close

relationship. Becca loved the Lord with all her heart and this example taught Charles (the author) to 'fight his battles on his knees' (in prayer) at a very early age. Charles struggled with feelings of inadequacy as he grew up and even into adulthood, but he had learnt to trust that the Lord was more than adequate in all his circumstances. We celebrated with him as we saw God win victory after victory in his life and were reminded of our own victories won for us by the Lord! We learnt how Charles applied the word of God in every circumstance in his life with scripture after scripture proving to be his strength, hope and future!

I love how the title of this book makes one think! Courage! Obedience! How many of us feel or understand that we are being courageous when we exercise our faith by being obedient to the word of our Heavenly Father or when we put His word into practice, trusting He will work in our circumstances? Probably not many, but it is true! It takes courage to be obedient. The world is searching for answers and when they look upon us and see how we, as Christians, handle life's trials and joys, they are witnessing faith at its best and that is what we are called to do, witness! That takes courage!

To be obedient to the Lord is to

be courageous!

It takes courage to step out of our own way and to seek God's will, trusting Him to work in our circumstances. Proverbs 3:5 "Trust in the Lord with all your heart and lean not on your own understanding".

It takes courage to receive God's word in our circumstances and to then put it into practice.

Exodus 14:14 "The Lord will fight for you; you need only to be still".

It takes courage to 'wait' upon the Lord and His perfect timing.

Isaiah 30:18

"Yet the Lord longs to be gracious to you; He rises to show you compassion. For the Lord is a God of justice. Blessed are all who wait for Him!"

So be encouraged. Every time you are obedient to God's word you are being courageous! I pray each of you will live and enjoy this scripture:- Philippians 4:4,6 "Rejoice in the Lord always. Do not be anxious for anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God".

May the peace of God be with you.

Cheryl Ebsworthy, Pastoral Care



Inna—15 years!



Inna Emelianova, our Residential Services Manager has been employed at Outlook Gardens Aged Care for 15 years. In this role she has been responsible for providing the excellent level of care our Residents receive and maintaining the standards required for accreditation.

Inna was presented with a beautiful plaque and gift voucher to acknowledge and celebrate her achievements.

Dirk Schurink, General Manager.



Employee of the month

Baudena Kay

Congratulations to Raijeli (PCA) on the birth of her son Lisala Tawake Billing



Fire and evacuation instructions given to all staff



Aged Care Happenings



Chinese lunch



House Plant Club



Donations of indoor plant cuttings are most welcome. We are particularly interested in Devil's Ivy cuttings. Many thanks, Leisure Lifestyle staff.



Australia Day celebrations

